1. **Chefs Corner**

   Pasta!

   Cook using a different staple item each week

   **Try:** Baked Ziti!

   Submit your recipe and photos cooking with pasta!

2. **Tune Into Tech**

   **Throwback!**

   Watch a classic movie/series with friends or family

   **Check this out:**

   Watch Netflix with friends. Check out [www.netflixparty.com](http://www.netflixparty.com)

3. **Wall 'Wail'

   Email us!

   How do you find out about events happening on campus? How would you prefer to find out about events?

4. **Self-Care Selfie**

   What's a project on your personal "to do" list that you're finally getting to work on?

5. **Fitness on the Fly**

   Tell us about what activities you've been doing outside?

   **Idea:** check out CT's 825+ miles of Blue Blaze trails

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**$50 Amazon Gift Card**

Email us your responses, recipes, and or photos for any of the related categories. Each email qualifies for the prize!

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