

9:30 AM (A-1): WELCOME

Conference kick off and welcome remarks from Jose Luis Ramos, Assistant Director of Student Services

10:00 AM: BREAKOUT SESSION 1

Effective Communication Strategies / Personal Development

Presented by: Cody Bergeron, Clinical Case Manager

Room: 132

Effective communication is an important skill set that can be utilized in everyday life, as well as a critical asset for being an effective leader. This workshop will focus on developing an understanding of effective verbal and non-verbal communication strategies and how to apply them in your current and future roles.

Ethical Leadership / Personal Development

Presented by: Kim Bornstein, Admissions Officer

Room: 133

Student Leaders will have the opportunity to explore what it means to be an ethical leader. Through case studies, discussions and activities, students will come out of the session with a better understanding of how to approach ethical situations in the future.

Creating Inclusive Communities / Personal Development

Presented by: Alex Manna, Program Assistant and Raquel Lopez, Academic Advisor

Room: 134

This workshop will touch upon how you can make your clubs and the campus a safe and welcoming space for all students.

What is your brand? / Personal Development

Presented by: Jen Testin, Interim Coordinator of Advising

Room: 135

What is your brand? How do you represent yourself? How do you want others to see you? This presentation will focus on people as brands, how we portray ourselves, the effects of our actions, and how social media can be a positive or negative influence to a brand.

11:00 AM: BREAKOUT SESSION 2

Step Up Your RSO: UConncontact Advanced Features / Org Development

Presented by: Kristen Carr, Student Org & Involvement Coordinator

Room: 107

Learn all of the tips and tricks of managing your RSO via UConncontact directly with the builder! We will deep dive into elections, roster management, forms, and the new mobile attendance tracker for your events!

Creating effective marketing plan for your RSO and Events / Org Development

Presented by: Gayle Riquier, Coordinator of Student Activities

Room: 132

In this workshop, you will learn how to create an effective marketing plan for your organization and events.

Boundaries: Where Do Student Leaders Draw The Line? / Personal Development

Presented by: Joleen M Nevers, Program Director for Regional Wellness

Room: 133

This session for student leaders will explore boundaries and how they can be helpful to their work. We will define boundaries while also exploring how to establish them, and how student leaders can apply them. Through case studies and discussions, students will be able to problem solve and practice implementing their boundaries. Group boundaries and how they can be transformational to the work that student leaders do will also be discussed.

Meditation / Personal Development

Presented by: Lisa Siebert, Academic Advisor

Room: 134

Cultivate an environment to reduce stress and improve feelings of well-being

The Cost of Caring / Personal Development

Presented by: Shannon Nammour, Community Director

Room: 135

This workshop informs the attendees about four different types of self-care. It will allow the attendee to critically think about how they engage in self-care and give time to create a plan moving forward to manage stress and be healthy.

12:00 (A-1): LUNCH/KEYNOTE: MICHAEL POLLARD/CITY OF STAMFORD (INTRODUCED BY TERRENCE CHENG)

Michael Pollard presently is the Chief of Staff to Stamford's Mayor David Martin and a Minister at Union Baptist Church in Stamford. Prior to his current positions, he was appointed by Governor Malloy to serve on the State of Connecticut's Board of Regents for Higher Education and was a member of the State Criminal Justice Information Systems Commission (CJIS). Mr. Pollard has also held a variety of leadership positions with several corporations including, IBM Corporation, A. T. Kearney Consulting, Archstone Consulting and Owens Corning.

1:30 PM: BREAKOUT SESSION 3

Planning Effective Transitions / Org Development

Presented by: Shona Evans, Coordinator of Student Activities

Room: 132

A vulnerable time for all organizations is during leadership transitions. In this workshop, we will discuss and develop strategies to help your organization prepare for a successful transition.

That's a Good Question: Answering Difficult Questions / Personal Development

Presented by: Joleen M Nevers, Program Director for Regional Wellness

Room: 133

Student leaders are bound to be asked difficult questions. How can student leaders be sure that they are answering these questions to the best of their ability? What are your group boundaries? Are they the same as your boundaries? Join us for a workshop about identifying different types of difficult questions and learn some strategies for answering them. We will be presenting tips and strategies for effectively answering difficult questions in addition to discussing group boundaries.

Marketing your Student Leader Experiences in the Job Search. / Personal Development

Presented by: Tara Malone, Assistant Director Center for Career Development & James Duffy, UConn Alumna Room: 134

Learn how to effectively promote your student leadership experience to land future opportunities. In this interactive session, you will leave with fresh ideas and content to enhance your resume.

Creative Thinking! / Personal Development

Presented by: Nicole Wasson, Disability Services

Room: 135

In this workshop we will review ways of thinking and how that differs among individuals. We will discuss how to boost and foster creativity and ways in which to implement this in your student organizations and leadership roles.

2:30 PM: BREAKOUT SESSION 4

Stamford RSO Spring Updates / Org Development

Presented by: Gayle Riquier, Coordinator of Student Activities

Room: 131

RSO events; as well as updates to policies and procedures! It is strongly recommended that RSOs have one leader attend this session to get the information!

Customer Service- The DISNEY Way. / Org Development

Presented by: Nikita Rodriguez, Resident Assistant

Room: 132

Magical Services creates Magical Experiences! Come learn the six key ways on how Disney is so successful when it comes to their customer service. Being a student leader, it is important to know who your "customers" are and their wants! Whether it's hosting a program, creating advertisement, or creating a great atmosphere in your club meetings and events, its important to know the Disney way!

Leading with Your Colors / Personal Development

Presented by: Erica Granoff, Director of Student Services

Room: 133

Understanding oneself is an important foundation for any leader. Self-awareness guides one in their decision making, how they engage with others and much more. At this workshop, participants will take the True Colors Personality assessment and discover personal attributes that make them the leader they are and aspire to be.

Valuing Your Talents / Personal Development

Presented by: Kaitlin Heenehan, Honors Program Assistant Director

Room: 134

Explore how your values and talents drive your approach to everyday tasks. Come engage in activities and discussion that will encourage you to enrich your college experience by leveraging your values and talents.

Time Management & Wellness

Presented by: Jose Luis Ramos,

Room: 135

This workshop uses the basic principles of the wellness model to evaluate how individuals invest time and energy.

3:30 (A-1): CLOSING REMARKS

Conference wrap up and closing remarks from Erica Granoff, Director of Student Services.
Conference Giveaways!